

## How would you reply?

Fill in the gaps to reply to each of these speech bubbles.  
The words you need are at the bottom of the page.

I use loads of deodorant but people still make comments about how I smell. Should I try another brand?

You might need to \_\_\_\_\_ more often, or use an \_\_\_\_\_ . See your \_\_\_\_\_ if you're worried.

I'm 12 and I still haven't started my period yet. All of my friends have started theirs, so I know there's something wrong. Should I see a doctor?

Puberty usually starts any time between age \_\_\_\_\_ and age \_\_\_\_\_ so there's nothing to worry about here. Don't compare yourself to your \_\_\_\_\_. Everyone develops at different rates!

Lately I find myself getting into arguments more often, and I'm getting angry or frustrated about things that wouldn't bother me normally. What's wrong with me?

There's nothing \_\_\_\_\_ with you! You're just having a hard time. During puberty, your brain changes and your body produces new \_\_\_\_\_ which can affect how you feel or interact with others. Talking about your feelings might \_\_\_\_\_.

8	14	antiperspirant
doctor	friends	help
hormones	shower	wrong