



Our ref: CDC/SHA

29 April 2021

Dear Parents and Carers

### **Mental Health: Support across the Active Learning Trust (Survey)**

Mental health conditions are prevalent in our society. An APMS study in 2014 demonstrated that one in six adults had experienced a mental health problem in the past week, whilst an NHS Digital study estimated that one in eight 5-19 year olds had a mental health disorder in 2017.

Support is not always available through local provision and, therefore, as a Trust we are committed to supporting this area of work.

Across the Trust, there are already some excellent examples of strong procedures and practice to support the pupils, staff, parents and engagement within the local communities.

At Chantry Academy there are several support systems in place which are identified on the school's pastoral section of the website including the advice below:

[Chantry Academy - Mental Health & Well Being](#)

[Chantry Academy - Mental Health - guide for parents](#)

The Trust would like to gain further understanding to support this vital area of school life. Below is a link to a survey. Please take 5 minutes to complete it as your information will be invaluable. The survey will be open until 4 May.

[Parent / Carer Well Being In School Questionnaire \(google.com\)](#)

Yours faithfully

**C D'Cunha**

C D'Cunha  
Executive Headteacher

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